

Dear Friends,

As I sit down to write this the nation has just celebrated with the Queen on her official birthday, the European Cup is under-way and the EU referendum is looming large on the horizon. Celebrations, excitement and anticipation give opportunities to unite or divide the nation with as yet unknown outcomes. By the time you read this the Queen's birthday will be a memory, the referendum will have happened for better or worse, and those who don't like football will perhaps be pleased the tennis has begun! So we go on looking forward to events, enjoying their arrival and feeling richer when we recall the memory.

We were invited to a 60th birthday party of a childhood friend of Richards and inevitably much reminiscing took place as memories came back regarding the families interaction in the past and the fun that had taken place. The food was good and it was a pleasure and privilege to be included, even though it a very wet bbq as the British know how to do so well! I was struck how the replaying of memories brought people together, rekindled friendships and gave a fresh sense of our past as well as a thankfulness for those who had shaped it and continue to do so – both by those friends who are still alive and those who were very much part of the past but have since died. We were introduced to the next generation and inspired by their aspirations and much laughter was shared!

In the church service today we had a rousing rendition of Wesley's hymn 'O for a thousand tongues to sing' and the singing united us in our excitement over what God has done for us in the past. It brought us together as a group of individuals that share a common sense of belonging because although we are so different God has invited us to be his children and so we all share the one heavenly Father. The fact that the hymn was written by Charles Wesley in the late 1700's gives us a sense of continuity that we can still draw on the legacy of the past, enjoying the present experience of our living God and have

an anticipation of a bright future whatever the outcomes of our team, politics or friendships, because our heavenly Father has a 'future and hope for us, and plans to prosper us and not to harm us.' (This quote comes from the Bible in the book of Jeremiah, chapter 29, verse 11). There is a sure hope of those who have begun a friendship with God and for any of you who are thinking there must be more to life give God a go!

Alison Steven

SUMMER FAIR

What a 'super-duper' day we had, the weather was lovely, the atmosphere was good, the food was wonderful, everybody was happy and we made lots of money for the churches. Thank you to all the people who made it possible, the people who put up gazebos, carried things backwards and forwards up the church path, made and served the cream teas, manned the stalls, manned the car park, lent anything that was needed, made the banners, far too many people to name but all brilliant and a big thank you to all those who came.

Next year, the fair will be at Wartling Church.

Pam

MESSY CHURCH

There will be no Messy Church at the Reid Hall this month, we are at the Boreham Street Summer Fair, which will be held at The Bull. Come and meet the team, have a go at some of the activities. Find out about Messy Church.

Details from Richard 833124, Pat & Norman 833925 or Pam 833079.

COFFEE MORNING

This month will be at Herstmonceux Church 10am to 12noon. A chance to get together for coffee/tea, cakes and lots of chat. ***Pam***

THE RAY & SHELDON CLUB

We are half way through the year and now into July with two meetings. The first is on Friday July 8th, which will be a 'Members Entertain' afternoon; then on the 23rd, Judith Kinnison-Burke will give a talk 'All about Juanitis' (whatever that is about , no doubt Judy will make it interesting). The meetings of the club are held at 2:00pm in the small hall of the Herstmonceux Village Hall. The entertainments are followed by tea, cakes and raffle. If you are over 60 you will be more than welcome to join this friendly group. There being no meetings during August we resume on September 9th. For more information call 01323 441244. **Anne K.**

PARISH NEWS COVER

The front cover of the Parish News has remained the same for around 20 years if not longer. It has been suggested, as the publication is for the villages as well as the churches, different line drawings of various parts of the Herstmonceux and Wartling are featured. There must be some very competent 'artists' who would like to submit a line drawing or two that could be used in rotation. Please think about it and send your drawing(s) to me: Frank Beeney, 24 The Ridgeway, Herstmonceux, BN27 4PQ or email frankbeeney@talktalk.net Please include where it is and if you are able perhaps a few words about your drawing, also your name which we will mention unless you request otherwise. Thank you, **Frank.**

WRITERS & POETS GROUP

Are there any budding writers/poets interested in a new group in the Parish from September 2016? Workshops, Readings, Composition plus suggestions from the members as we go.

Dates & times to be decided by concensus. Please email: zubee306@gmail.com for more information.

Please tell your friends.

Sue

HERSTMONCEUX WOMEN'S INSTITUTE

For our July Meeting, we have invited Kristina Boulden to come and talk to us about her Romney Marsh sheep and their wool. Kristina is the 6th generation to manage the family farm in Kent and, as well as raising the Romney Marsh sheep, she has developed a wide range of art & craft items from the wool, including rugs, cushions and throws and a cosmetic range of very pure body lotions and shampoos from the sheeps' lanolin. A talented lady indeed! Come along and hear all about her life and work – and we understand that some of the above items will be available for sale on the evening. Wednesday 20th July at 7:30pm in the Village Hall. For more information, please contact Secretary Sue Stewart on 01323 833450

HER MAJESTY'S 90TH BIRTHDAY COMMUNITY PICNIC

On the 12th June about 90 hardy residents braved the elements for the Queens 90th Birthday Picnic at Herstmonceux Castle. A good number had dressed for the weather and set out their picnic tables or visited the cafe. An exhibition of Zimbabwean sculptures added interest from a warmer world.

The Friends of Herstmonceux Castle & BISC thank the management of Herstmonceux Castle, Herstmonceux Parish Council, Collins Honda, Lime Cross Nursery, Stevens Carter and classic car owners for their support which allowed us in that true national spirit to shine through the weather and celebrate Her Majesty's birthday.

MOTH TRAP BREAKFAST

We are putting a light trap out to catch moths at Court Lodge Farm, and will be looking at them between 9am and 10am on Saturday July 16th. Do come and see what we have caught, and enjoy some breakfast too. So that we know numbers for breakfast, please can you ring David and Marian on 01323 832150.

Donations in aid of Church repairs and maintenance.

ALLOTMENT ASSOCIATION

Potential plot holders may be interested to know that there are one or two plots shortly becoming available for rent. If interested, just email Simin Goacher on simon@goacher.force9.co.uk to express your interest.

A cool, wet spring has caused some minor worry lines for gardeners. Seeds did a wholesale thumbs down in row after row, but if the plots are anything to go by, greenery is catching up with us. If it isn't vegetables, then it's weeds, so the plots have been quite a hive of activity in recent weeks and order is emerging from the jungle.

To keep in touch, Chairman George Taylor now hosts a website for members and the conversation threads can be no less short of hysterical at times. Worth a look in if you are thinking of taking up the spade.

By the time this article is printed, we will have opened our gates to the Open Garden Weekend. Last year was extremely popular and it is always nice to share the rewards of our labour with visitors, old and new alike. This event and others like the annual Apple Picking day in October serve to underline our support for the Parish Vitality Village programme. What better way could there be of remaining fit in mind and body than in growing fruit and veg in the company of fellow gardeners. If it brings on the odd joint ache or chill in the process, then it keeps our surgery on their toes too. Come and join in. The more the merrier!

Nicola Beart

HAILSHAM HORTICULTURAL SOCIETY

Hailsham Horticultural Society will be having their Early Summer Show on Saturday July 9th from 2:00pm to 5:00pm at the Summerheath Hall, Summerheath Road, Hailsham. Admission 50p. Details of club meetings are on hailshamhorticulturalsociety.blogspot.uk

HERSTMONCEUX INTERGRATIVE HEALTH CENTRE

Patient access workshops

Patient access is a secure on line service which enables you to book appointments, order medication and look at test results at your convenience. If you would like more information or help with signing up to the service please book into one of our workshop sessions on the following dates:

Thursday 7th July, Tuesday 12th July and Thursday 21st July

Missed Appointments at HIHC

Over the last 3 months **28** appointments were missed by Patients with both the GP and Nurses, missed appointments has a huge impact on the waiting times for appointments and we ask that you phone in advance if you are going to be unable to make your appointment or sign up to the text reminder service so you never forget.

Healthy Walks with the Doctors

The Doctors at HIHC are working with the 'Green Open Spaces Project' and the Rangers from the South Downs in creating a health walk in Herstmonceux, the walks leave from the Health Centre with a Doctor and a Ranger for an hours walk and talk on health, vitality and the benefits of being out in nature – followed by a cup of tea, talks and workshops in the great space on your return to the health centre. The project lead, Chris Sculthorpe, runs similar projects across East Sussex but this is the first combined with a GP, if you would like further information or would like to sign up to the walks, please contact Bea on 01323-833535. The first walk is on July 18th at 2:00pm.

Dates for Your Diary

Due to the popularity of the Free Healthy Curiosity talks ***please book a place*** by either phoning Bea on 01323-833535 or email: ehsccg.healthycuriosity@nhs.net to ensure a place, all welcome, patients and non- patients

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|-----------------------------------------------|----------------------------------------------------------------|
| July 14 th 7pm to 8pm | Free Healthy Curiosity talk: Herbal talk with Julia Behrens |
| August 15 th 2pm | Healthy Walks with the Doctor Starting at HIHC -Please book |
| October 11 th and 15 th | Flu Clinic |

Vitality Villages

More information to follow regarding Vitality Villages next event – we are applying for funding to host a week of events for families in September – involving talks, workshops, events and taster sessions all around health and wellbeing.

Coffee morning dates: Every third Monday of the month 10-12 at HIHC, everyone welcome, listen to different speakers every month enjoy a cup of tea, healthy snack homemade snack (truly delicious not matter what they say!), book discussion and a quiz. For more information speak to Bea on 01323-833535

Vitality Villages Booklet

Herstmonceux and local villages in the area provide facilities for its busy thriving communities with clubs, societies and activities for all ages. There are shops, post offices, a wide range of businesses, doctors surgeries, pharmacies, schools, village halls, fire station, recreation grounds, village greens and public houses.

Therefore, Vitality Villages is going to compile an information booklet of all the above and is asking everyone who wishes to be included in this booklet to send their full details (Name of organisation/group, contact details, timings, web site link, any important information to inform about your group/organisation etc) to:

Mrs Sheila Charlton at Ivy Cottage, New Road, Herstmonceux, East Sussex BN27 1PX (sheilacharlton@uwclub.net.uk) 01323 833673

The information will be shared with Herstmonceux Parish Council and it will appear on the parish web site: www.herstmonceuxparish.org.uk



**BOREHAM STREET & WARTLING
GRAND SUMMER FAIR**

**SUNDAY 17TH JULY 2016 2pm - 5pm
AT THE BULL'S HEAD, BOREHAM STREET**

COME ALONG & JOIN US
FOR AN AFTERNOON OF FUN FOR ALL THE FAMILY.....

STALLS, GAMES & PRIZES, SIDE SHOWS, TOMBOLAS, BBQ,
BEER & PIMMS TENTS, TEAS,
JAZZ IN THE AFTERNOON - HOT CLUB OF HASTINGS

CHARITY AUCTION
EXCITING & UNUSUAL 'LOTS' - COME & BID

GRAND RAFFLE - CASH PRIZES!!!!
5 prizes of £100 each
Tickets on sale - NOW

Entry by Donation



Kent Surrey Sussex



Air Ambulance
A Charity That Saves Lives



**Chestnut
Tree House**

ENQUIRIES 01323 832590 or 01323 833341



Orchard View Summer Fete

Sunday 31st July 2016 1pm to 5pm

**In Aid of Prostate Cancer &
Chestnut Tree House**

Something for Everyone

**Stalls * Raffle * Tombola
Games * Bouncy Castle
Cream Teas * Live Band
and Lots More**



**Come and Join Us &
Enjoy A Great Day Out**

"Hampers & Champers"



PROMS ON THE GREEN

at Rushlake Green

with **Warbleton Brass Band** and
guest opera singer **Sidonie Winter**

Sunday 31st July at 6pm

Bring your own picnics, chairs, blankets...

No tickets required, retiring collection

Free parking, relaxed atmosphere



139th SUMMER FLOWER SHOW

Saturday 6th August

2:00pm to 4:30pm

Reid Hall, Boreham Street

Adults £1

Children Free

Free Parking

STALLS ♦ TOMBOLA ♦ RAFFLE

BRIC-A-BRAC ♦ CAKE STALL

HUMAN FRUIT MACHINE

TEAS & REFRESHMENTS



Mini Market /Table Sale

Saturday 10th September 10:00am till 1:00pm

The Reid Hall Boreham Street

Local Produce, Bric/Brac, anything goes

Time for a clear out before Christmas

To book a table for £8 please call

01323 831778 or 07761754977

Also space available for car boot weather permitting

Refreshments and hot food being served

***All monies raised are for the
Local Scouts Groups***

Thank you for your support

